

Mitchell Wetlands Hike

Hike Title: Mitchell Wetlands Hike

Date: Saturday, 18 April, 2026

Contact: For more information, text/call Renee at 226-880-1064 or email reenelehnen@hotmail.com . You do not need to register.

Distance: about 8 km

Pace: leisurely

Terrain: easy

Duration: 2 hours

Meeting and Time: Meeting to carpool at Giant Tiger parking lot, Huron Street, Stratford at 8:30 am and departing promptly at 8:35 am. Or, meet at the wetlands parking lot at the south end of Wellington Street in Mitchell at 8:55 am to start hiking promptly at 9:00 am.

Hike Route Overview: An ad lib, fun adventure of discovery around and through the wetlands and along the banks of the Upper Thames River. There are many meandering trails through swamp, forest, meadow, and parkland in Mitchell, and we'll be setting our route as we go based on trail conditions and group fancy.

Recommendations: Dress for the weather. Suitable for people of all ages. No dogs as we will see birds who will be mid-migration and under stress.

CHECK <https://avontrail.ca/category/news/> prior to hike for possible changes/updates