

Avon Trail Hike #2 Saturday End to End

Hike Title: End to End Hike # 2: (118.2-106.2km)

Date & Time: Saturday, May 3/ 8:00am-2pm

Contact: To join the hike or for more information, **you MUST contact the Hike Leader:** Alana: arespondek@hotmail.com. *Registration is required* as a limited number of spaces are available.

Distance: 12 km

Pace: Medium (4 Km/hr)

Terrain: Moderate

Duration: 6 hrs (4 hrs hiking including lunch, 2 hrs travel time)

Meeting Place and Time:

Meet at Stratford Mall by Mary Browns Chicken (1067 Ontario St., Stratford, ON, N5A 6W6) by 8:00am for an 8:15am departure to hiking location. Carpooling is available but not guaranteed. A car shuttle will be used at beginning and end of hike. Return to Stratford Mall by 2pm approximately.

Hike Route Overview:

This hike will start in Waterloo with some road walking. Please bring a high visibility vest if you have one. The trail will lead us past farms and through farm land. Eventually we will traverse through a woodlot and finish off with more road walking.

Recommendations: *Hike will proceed rain or shine.* Pack lots of water & lunch/snacks. Wear appropriate comfortable footwear (hiking shoes or boots). Dress according to the weather. Long sleeve shirts and long pants are recommended to prevent tick access. Insect repellent and sun protection advisable.