

Hike Title: Hills and Columbia Forest

Date & time: August 24, 2024 (8:30 AM to 4:15 PM)

To join the hike or for more information, you must contact the Hike Leader: Bruce G (brucedgraham@gmail.com) Registration is required as a limited number of spaces are available.

Distance: 16 km

Pace: Moderate +

Terrain: Hilly

Duration: 7 hours 45 min including 1 hour 10 min driving

Meet at William Allman Arena, Stratford at 8:15 AM for 8:30 AM sharp departure. Carpooling to the starting point. Return to Stratford by 4:15 PM. Carpooling is available but not guaranteed. Masks required when carpooling, at drivers' discretion.

Hike Route Overview:

We will hike through Musselman Woods and reach the highest points on the Avon Trail then descend along fields and forest to reach Waterloo. We will enter the Columbia Forest and explore two of the trails before returning across the hills to our start. Picnic lunch enroute.

Recommendations: Rain or shine. Expect a hot afternoon. Pack lots of water & a lunch. Wear appropriate comfortable

footwear (hiking shoes or boots). Dress according to the weather. Long sleeve shirts and long pants

are recommended to prevent tick access. Insect repellent and sun protection advisable.