

## MAITLAND TRAIL END TO END Part 4 (members only)

**Hike Title:** Maitland Trail end to end Hike #4

**Date & Time:** Thursday May 30, 2024 @ 08:00am

**Contact:** To join the hike or for more information, you must contact the Hike Leader: Tracy. Email: [gonorth49@gmail.com](mailto:gonorth49@gmail.com) Registration is required as a limited number of spaces are available.

**Distance:** 15.5 km

**Pace:** Medium/Fast speed 4-5 kph

**Terrain:** Moderate/Challenging

**Duration:** 7-8 hours (2.5 hours travel including car shuffle, 4-5 hrs hiking, 30 minutes total in breaks).

**NOTE:** all times are approximate.

### Meeting place and Time:

**Meet at** Giant Tiger in the NW corner of the parking lot **at 08:00am** for 0:815am sharp departure to carpool to the starting point. Car shuffle will be used. **Return to** Stratford by approximately 6 pm (later if going to restaurant for celebratory dinner). **Carpooling is available but not guaranteed. Masks required when carpooling, at drivers discretion.**

**Hike Route Overview:** We will hike along the Maitland River, in forests on flat and hilly terrain, on roads and on the GART where the trails share the path. We will finish at the beach in Goderich. (Map 1 & 2 of the current Maitland trail guide.) **Option: dinner out at the Beach Street Station restaurant to celebrate our completion of the end to end.** Please let Tracy know if you intend to stay for dinner.

**Recommendations:** Rain or Shine. **Pack lots of water & lunch/snack. Wear appropriate comfortable footwear (hiking shoes or boots). Dress according to the weather. Long sleeve shirts and long pants are recommended to prevent tick access. Insect repellent and sun protection advisable. Hiking poles recommended.**

**Check:** <https://avontrail.ca/category/news/> prior to hike for possible changes/updates.