

AVON TRAIL END TO END - hike #4

DATE AND TIME: June 10, 2023 approximately 8:45 am to 1:30 pm

CONTACT: To join this hike or for more information you **MUST** contact the hike leader: Christine Lee - kitlee13@gmail.com. Registration is required as a limited number of spaces are available.

DISTANCE: 14.2 km

PACE: medium to fast (road walking)

TERRAIN: moderate/road

DURATION: 5 hrs (including driving, hiking and lunch)

MEETING PLACE AND TIME:

Meet at the parking lot behind Boston Pizza (729 Erie Street, Stratford) at 8:45am for a 9:00am sharp departure to carpool to the starting point. (Car shuttle will be used.) Return to Stratford by approximately 1:30pm. Carpooling is available but not guaranteed. Masks required when carpooling, at drivers discretion.

HIKE ROUTE OVERVIEW:

This portion of the Avon Trail runs through a forested area and then opens up to road walking for approximately 7.5 km.

RECOMMENDATIONS: This hike will go rain or shine. Pack lots of water and lunch/snack. Wear appropriate comfortable footwear (hiking shoes or boots). Dress according to the weather. Long sleeve shirts and long pants are recommended to prevent tick access. Insect repellent and sun protection advisable.

CHECK <https://avontrail.ca/category/news/> prior to the hike for possible changes/updates.