

Hike Title: Avon Trail E2E # 8

Date & Time: Saturday, September 23, 2023 08:45am – 2:15pm

Contact: To Join the hike or for more information, you **MUST** contact the Hike

Leader: Tracy at email: gonorth49@gmail.com

Registration is required as a limited number of spaces are available.

Distance: 11.2 km.

Pace: Medium.

Terrain: Moderate

Duration: Approx. 5.25 hours (4 hrs hiking including lunch/snack break, 1 hour travel, 15 min. shuttle).

Meeting place & Time: Stratford Mall outside Game Stop (formerly EB Games), 1067 Ontario St., Stratford, Ontario, N5A 6W6. **Meet at 08:45** for a departure at 9am sharp.

Carpooling is available but not guaranteed. A car shuttle will be used at beginning and end of hike. Masks required for car pooling and shuttle (at driver's discretion). Return to Stratford Mall at approximately 2:15pm.

Hike Route Overview: We will walk on edges of fields, through lovely woodlots, along the banks of the Nith River, past a remote control airplane club, over Bamberg bridge (our pride & joy), and finish on a scenic lookout.

Recommendations: Rain or shine. **Pack lots of water & lunch/snack. Wear appropriate comfortable footwear (hiking shoes or boots). Dress according to the weather. Long sleeve shirts and long pants are recommended to prevent tick access. Insect repellent and sun protection advisable.**

CHECK <https://avontrail.ca/category/news/> prior to hike for possible changes/updates.