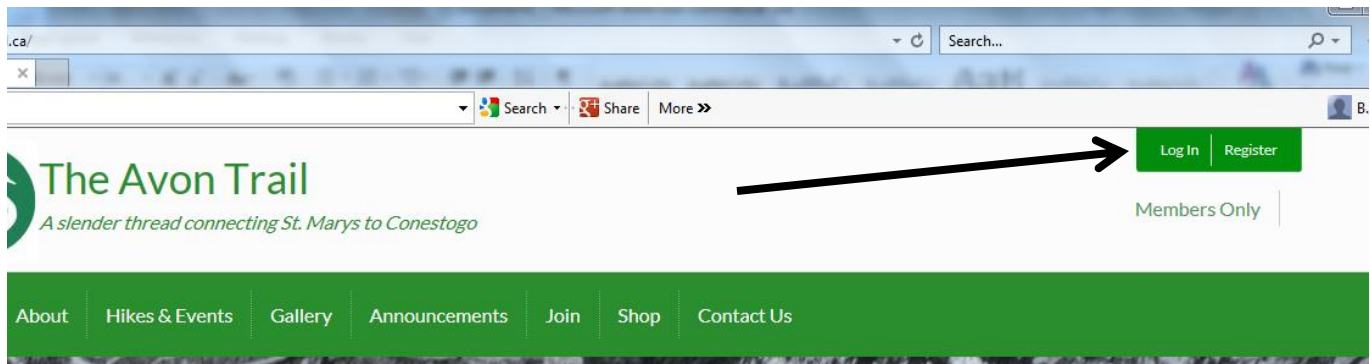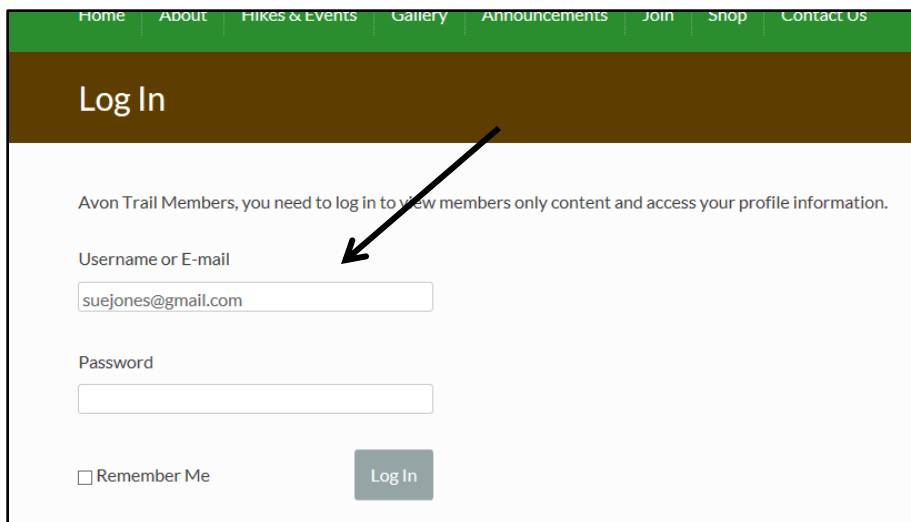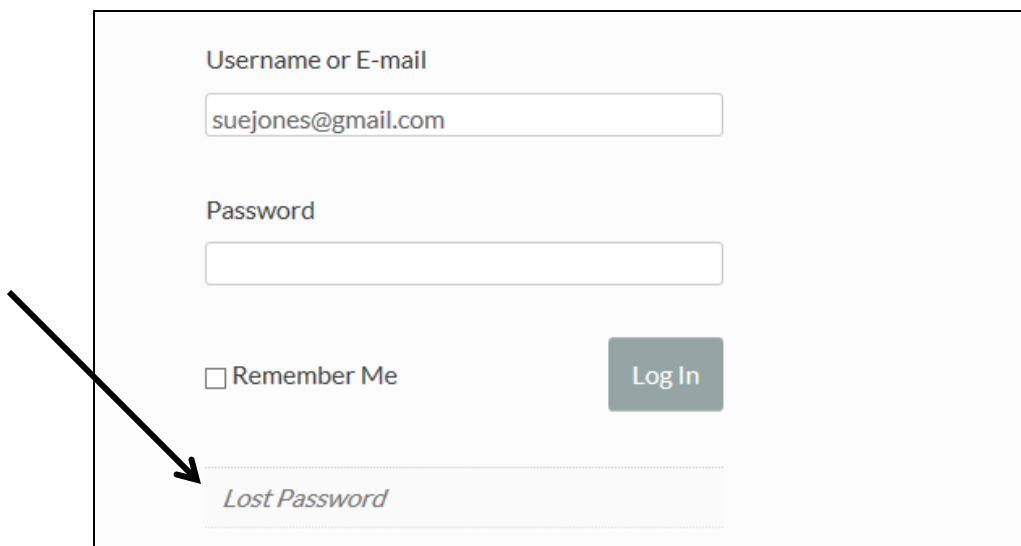1. Open the Avon Trail website at: www.avontrail.ca

2. In top right hand corner, click on Login

3. Key in your email address – this is the email that is on record with the Avon Trail

4. Scroll down to display "Lost Password" and click on it.

5. Key in your email address and then click on "Get New Password"

6. The following message is displayed "Check your email for the confirmation link"

7. You will receive an email from the Avon Trail – at the end of the email there is a link for you to click on. Click on this link.

To reset your password, visit the following address:

http://avontrail.ca/resetpass/?key=hiCbkdK6CQMzxzOkqV11&login=BrendaT

8. This will take you to the Avon Trail website window named "Rest Password"

9. Highlight the temporary password and press delete to get an empty field
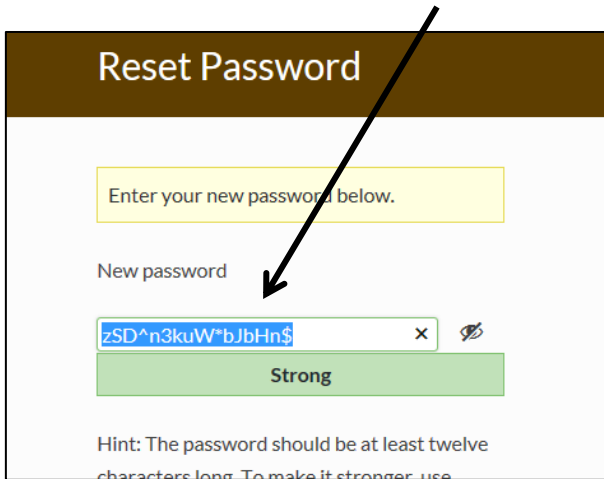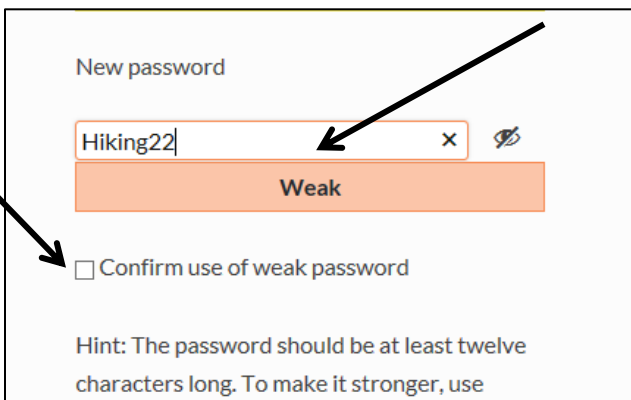
Reset Password

Enter your new password below.

New password

zSD^n3kuW*bJbHn$ ✕   ∅

Strong

Hint: The password should be at least twelve
characters long. To make it stronger, use

Reset Password

Enter your new password below.

New password

∅

Hint: The password should be at least twelve

10. Key in a new password in the New Password field. The security of the password will be indicated underneath as strong, medium, weak, very weak depending on how many characters there are and if caps, numbers and symbols are used as per Hint.

New password

Hiking22   ✕   ∅

Weak

☐ Confirm use of weak password

Hint: The password should be at least twelve
characters long. To make it stronger, use

11. If your password is "Very Weak" or "Weak", you can still use it (understanding that it is not a strong password as recommended) by clicking in the box next to "Confirm use of weak password". You may prefer to add a symbol to make it more secure – it will then become Medium or Strong

12. Scroll down and click on "Reset Password"

New password

Hike22   ∅

Very weak
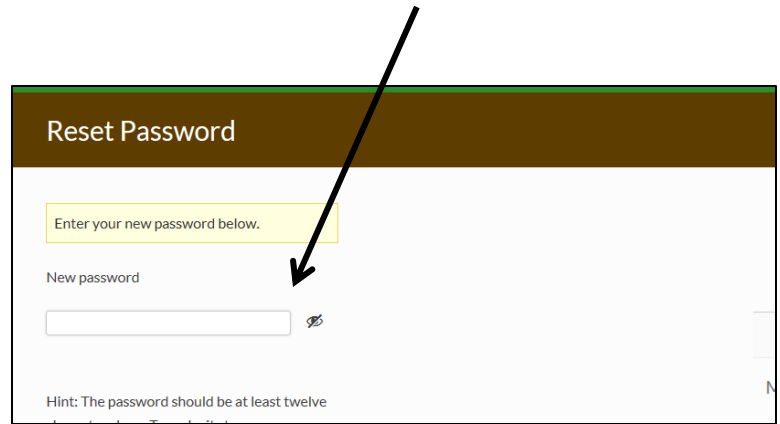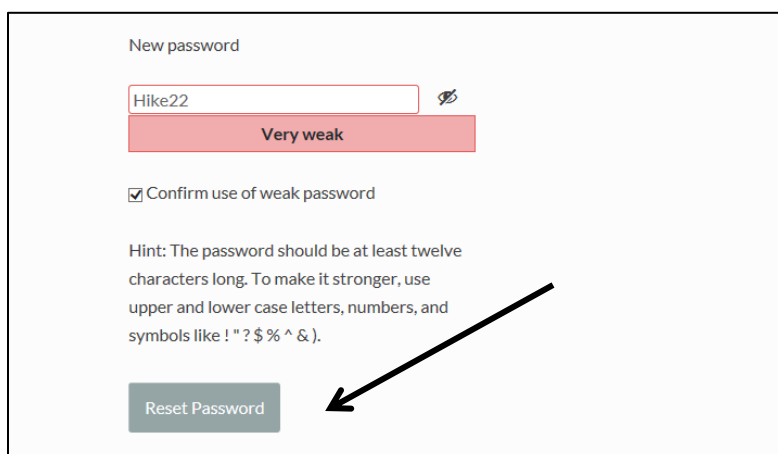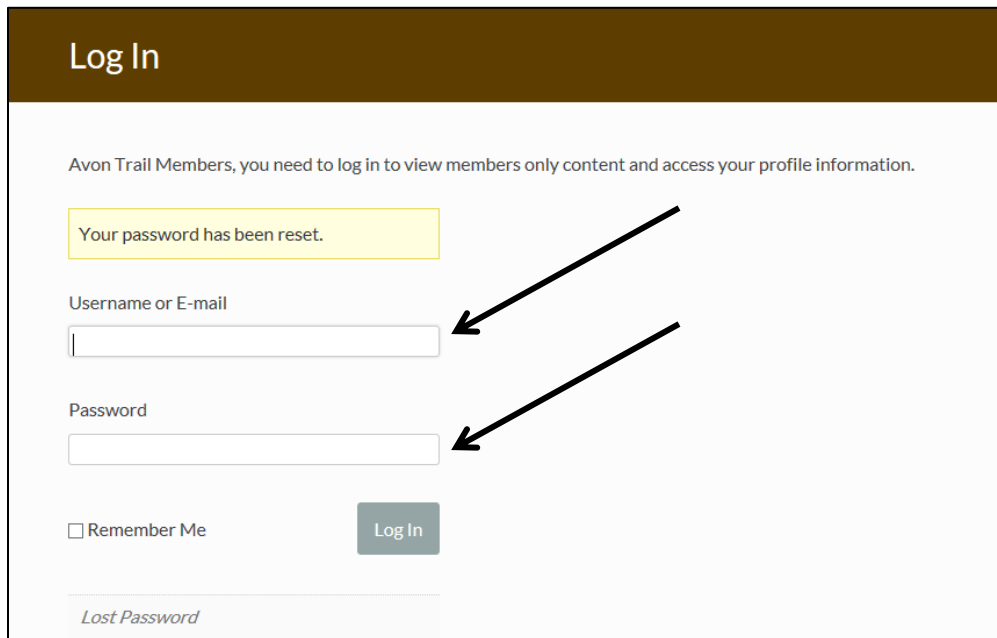
☑ Confirm use of weak password

Hint: The password should be at least twelve
characters long. To make it stronger, use
upper and lower case letters, numbers, and
symbols like ! " ? $ % ^ &).

Reset Password

13. You will now be able to login using your email address and the new password.

Log In

Avon Trail Members, you need to log in to view members only content and access your profile information.

Your password has been reset.

Username or E-mail

[   ]

Password

[   ]

☐ Remember Me   [Log In]

Lost Password